



Summer 2024

Dear Families,

Raising children in the faith doesn't happen just at church, but at home and in everyday life. As parents, you have the unique role to walk alongside your children every day and teach them about Jesus. In order to help promote and encourage faith development at home, I have included several resources for you to use in your homes:

- Family Devotions
  - Kingdom Under the Sea
  - Bethel Music Kids
- Smart Moves for Little Ones
  - Parenting
- Family Traditions
  - Mornings
- Mother's Day and Father's Day Activity Sheets

"Fix these words of mine in your hearts and minds; tie them as symbols on your hands and bind them on your foreheads. Teach them to your children, talking about them when you sit at home and when you walk along the road, when you lie down and when you get up" (Deuteronomy 11:18-19).

Blessings,

Jen Roettjer, DCE

Director of Youth and Discipleship





## [ FAMILY DEVOTIONS ]

### LEARN

#### Kingdom Under the Sea

In a world under the sea, the storyline contains Bible based stories in parable form for little ones.

Check out their videos on YouTube on the Encourage TV channel.

### SHARE

Highs and Lows from the day  
What are you thankful for today?

### PRAY

Confess  
Honor  
Ask  
Thanks

### MUSIC

Bethel Music Kids

Search for Artist on Spotify Music.

Visit Bethel Music Kids channel on YouTube for music videos.



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## PARENTING

### Thoughts to Consider

Learning how to be a parent with your ever growing child involves keeping up with the changes. Often we feel like we have entered an unknown world. While we will never be the perfect parent, we can strive to do the best for our children and give them a happy and loving home.

### Parenting Apps

Every mom and dad have questions as their new child grows. The following apps are great resources to help you navigate the new phases during the first year of life and beyond.

- **What to Expect** – This app comes from the authors of the book, “What to Expect When You’re Expecting.” While it walks you through the stages of pregnancy, it continues to offer insights into the first year of life of your newborn.
- **Glow Baby** – If you would like to track your baby’s growth, this app has trackers for developmental milestones, feeding, diapers, and sleeping. Additionally, you will find a wide variety of articles offering parenting tips.
- **WebMD Baby** – Not sure if your baby is sick. Check symptoms and find articles all about the medical needs of newborns and toddlers.
- **Mom Maps** – No matter where you travel, Mom Maps provides for you a list of nearby playgrounds and kid friendly restaurants, along with reviews from other moms.
- **The Happy Child** – Learn how to create deeper bonds with your child with these short classes.



# [ FAMILY TRADITIONS ]

## MORNING

### Thoughts to Consider

Morning routines are filled with busyness and getting ready for the day. Yet in the middle of the routine, we can find time to enjoy together as a family and with God.

### Morning Activities

- Play a Wake-Up Song
- Saturday Morning Breakfast – make something special and eat together
- Prepare the night before for the day ahead
- Create a checklist of morning activities
- Listen to the Christian music, an audio version of the Bible, or a devotion while driving to school or activities
- Daily Fruit of the Spirit – write the each of the fruit of the spirit on a piece of paper and put them in a container. Every day each person chooses which “fruit” they need to take with them to get through the day (feel free to use other character traits as needed)
- Snuggle time – take five minutes to take some deep breaths and give a big hug to start the day
- Memory Verses – Whether it’s a family verse or part of your homework, say the verses out loud together
- Prioritize Breakfast time to connect before heading out for the day
- Share one thing you are looking forward to during the day
- Take a day which does not have any routines to relax
- Daily Devotions – Read a Bible passage or devotion together
- Gratitude Café – Set aside one morning, make everyone a special drink, sit down together to share everything you are thankful for
- Pray with and for your children to start the day

# ALL ABOUT MY DAD

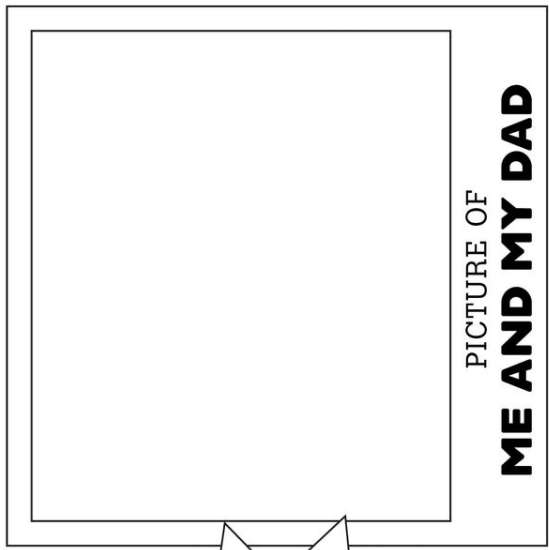
My favorite memory with my dad

His Name is: <

he is

years old.

4 REASONS WHY I LOVE MY DAD



PICTURE OF

ME AND MY DAD

HIS FAVORITE FOOD

My favorite thing to do with my dad

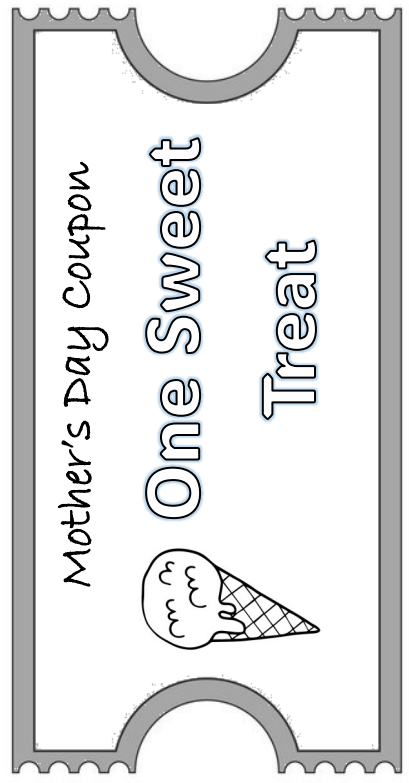
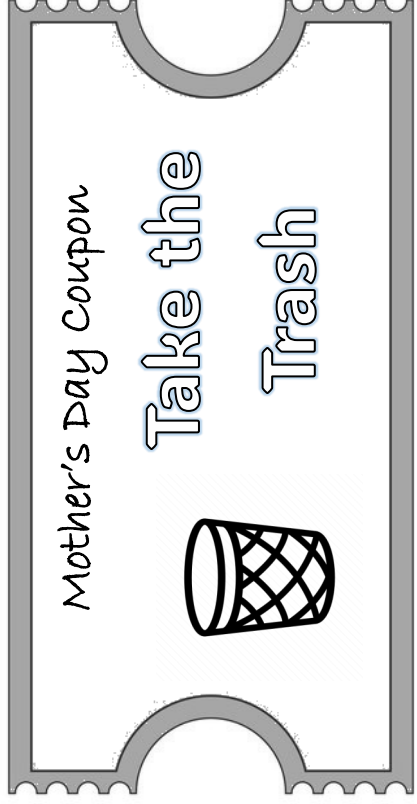
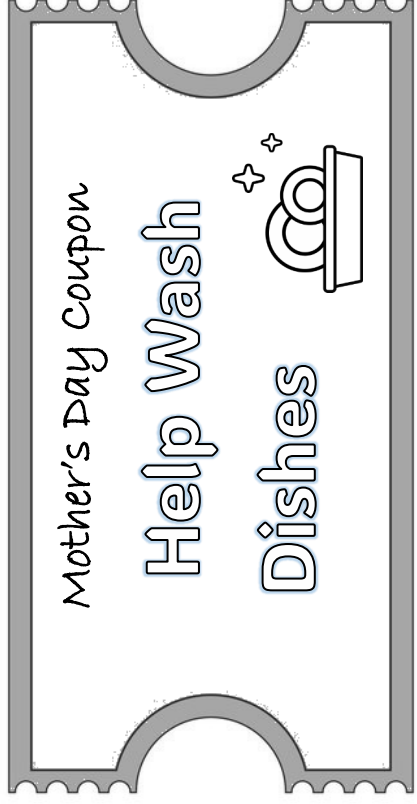
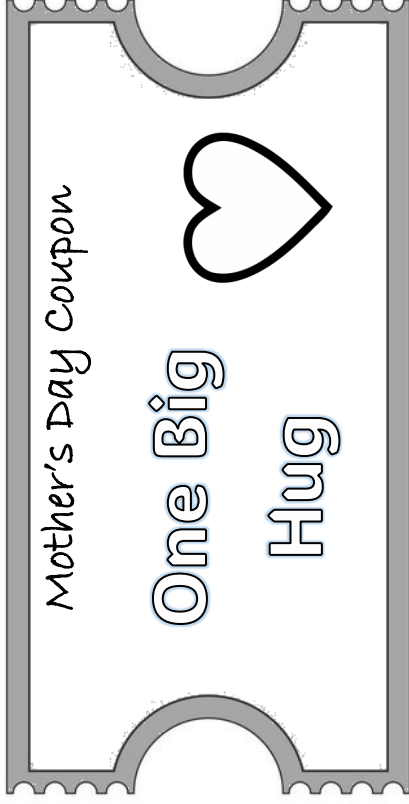
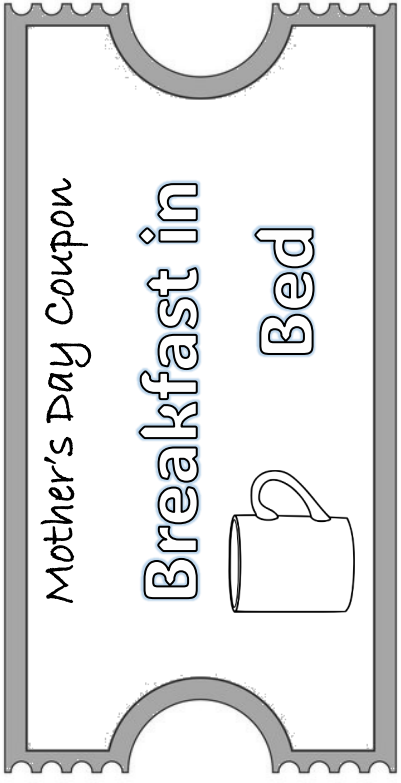
My dad always says....

- 1
- 2
- 3
- 1

MY DAD'S FAVORITE SPORT

MY DAD'S FAVORITE HOBBY

LOVE



Mother's Day Coupons to Color and Decorate